



Different Perspective Training

COVID-19 Policy & Risk-Benefit Evaluation
All Face-Face Training (incl. First Aid)

Different Perspective Training Ltd.

- COVID-19 Policy

1. Introduction

- 1.1. This policy document is to ensure the ongoing safety of all **Different Perspective Training Ltd.** course participants, staff and members of public that may be using the training facilities, during the COVID-19 Pandemic, and have been drawn up with consideration to:
 - The UK Government, devolved administrations and/or regional guidance
 - Overall risk of completing each course.
 - o Informed consent by learner/course organiser regarding all risk.
 - o Pre-course screening for individual learner suitability information.
 - o On-course mitigation measures.
- 1.2. The purpose of this policy document is to provide guidance to those who come into contact with a **Different Perspective Training Ltd.** course, with reference to current formal and national guidance in the following areas:
 - Rationale for delivering DPTrainingUK courses in current climate (Why and When).
 - Pre, on and post course mitigation.
 - Appendix A. Risk-Benefit Evaluation,

2. National Governing Body Guidance on Mitigation Measures for First Aid Training

- 2.1. The main infection risk in a classroom full of learners is contact with other people and/or surfaces rather than the manikin itself. Learners always need to observe a high standard of handwashing, with alcohol gel (or wipes if gel unavailable) provided in addition to handwashing facilities.
- 2.2. Learners should be reminded to cough/sneeze into a tissue and dispose of this into a bin immediately, washing hands afterwards. Alternatively, coughing/sneezing into the bent elbow if no tissue available.
- 2.3. Where individuals are exhibiting symptoms typical of flu, a cold or have been in close contact with someone who has the COVID-19 infection then they should exclude themselves from the course. Likewise if an individual has travelled to/from the countries/regions as listed in <https://www.gov.uk/government/publications/covid-19-specified-countries-and-areas/covid-19-specified-countries-and-areas-with-implications-for-returning-travellers-or-visitors-arriving-in-the-uk> they should act on the advice dependent on whether they were a category 1 or 2 traveller.

Sections 2.1-2.3 – Resuscitation Council UK: <https://www.resus.org.uk/covid-19-resources/statements-covid-19-hospital-settings/resuscitation-council-uk-statement-covid-1>
- 2.4. The First Aid Awarding Organisation Forum (FAAOF) and First Aid Quality Partnership (FAQP) statement states training providers must design lessons to ensure that a distance of 2m distance is always maintained between learners and trainers unless close contact is absolutely necessary for teaching or assessment purposes. Where close contact is absolutely necessary and it is teaching and assessment related to a situation where a first aider would be expected to wear PPE, PPE must be used.

3. Actions to take when taking a training session – Resuscitation Council UK:

<https://www.resus.org.uk/covid-19-resources/statements-covid-19-hospital-settings/resuscitation-council-uk-statement-covid-1>

- 3.1. If teaching CPR only sessions, (not formal First Aid courses) we would suggest teaching compression only CPR. If COVID-19 is suspected, the rescuer should alert the ambulance service when calling 999.
- 3.2. If teaching basic CPR in hospital, teach compression only CPR until help and ventilation equipment arrives. If appropriate, training in bag-mask ventilation techniques can take place.
- 3.3. Wipe the chest, forehead and face of the manikin using disinfectant/alcohol wipes between learners and allow the surface to dry naturally before the next learner takes their turn

4. If teaching formal First Aid courses which require assessment of rescue breaths – Resuscitation Council UK:

<https://www.resus.org.uk/covid-19-resources/statements-covid-19-hospital-settings/resuscitation-council-uk-statement-covid-1>

- 4.1. Replace and dispose of manikin lungs and airways after each training session
- 4.2. Wipe the face of the manikin with 70% alcohol wipes after each learner uses it and allow the surface to dry naturally before the next learner takes their turn
- 4.3. Students may use individual face shields if they so wish and they should be disposed of safely at the end of the session. The manikin chest, forehead and face can still be wiped to reduce the likelihood of hand to hand contamination.
- 4.4. Where appropriate, learners can use a pocket mask for ventilation practice which must be fully cleaned or discarded after the session (one - way valves may be removed. If kept in place, it must be discarded at the end of the session). If using pocket masks, these must be for individual use only.

- 4.5. General infection control measures must be observed, and where appropriate, the learner can be given their own manikin or can practice rescue breaths last in the group. If the course runs over a number of days, it may be possible that once the skill has been assessed as satisfactory, they do not need to demonstrate this during the remainder of the course.
- 4.6. Clean manikin heads with an appropriate surfactant/disinfectant solution after completion of each training session.

5. Teaching rescue breaths/mouth-to-mouth ventilations – Resuscitation Council UK:

<https://www.resus.org.uk/covid-19-resources/statements-covid-19-hospital-settings/resuscitation-council-uk-statement-covid-19>

- 5.1. RCUK guidelines 2015 state - “If you are untrained or unable to do rescue breaths, give chest compression only CPR (i.e. continuous compressions at a rate of at least 100–120 min⁻¹)”
- 5.2. Compression only CPR is much better than no CPR
- 5.3. RCUK are aware that paediatric cardiac arrest is unlikely to be caused by a cardiac problem and is more likely to be a respiratory one, making ventilations crucial to the child’s chances of survival. However, for those not specifically trained in paediatric resuscitation, the most important thing is to act quickly to ensure the child gets the treatment they need in the critical situation.

6. Pre-course Mitigation Measures on DPTrainingUK Courses

- 6.1. All **Different Perspective Training Ltd.** Equipment is thoroughly cleaned and maintained to the highest possible standards.
- 6.2. All **Different Perspective Training Ltd.** Course Venues are Risk Assessed prior to Training Course.
- 6.3. The Company will collate contact details from course delegates before registration.
- 6.4. All course delegates receive a Course Information Pack which includes an outline to the company’s COVID-19 and Social Distancing Guidance.

7. Mitigation Measures in Place During DPTrainingUK Courses

- 7.1. Having completed a Site-Specific Risk Assessment prior to the training DPTrainingUK staff will ensure that the training venue is suitably set up for training with COVID-19 mitigation and social distancing measures in place:
 - Access to toilet and handwashing facilities
 - Access to hand sanitiser and tissues as well as an appropriate disposal method
 - Seating for theory sessions is arranged at 2m intervals
 - Each participant has access to individual manikins, AED trainers, training pack and PPE pack for the duration of the course
- 7.2. All Participants will be screened (verbally questioned) for high-risk COVID-19 factors before entering the training venue. These high-risk factors include:
 - COVID-19 Symptoms:
 - o High temperature
 - o New persistent cough
 - o Loss of taste or smell
 - Requirement to be self-isolating
 - o Family member exhibiting symptoms
 - o Recent visit to an area either in lockdown or requiring quarantine
- 7.3. Any Participants that have a positive response to any of the high-risk factors will be turned away and refused access to the course.
- 7.4. All Participants complete a COVID-19 Consent Form confirming that they are clear of any of the high-risk factors and that they are willing to participate in the course abiding by the COVID-19 mitigation and social distancing measures put in place for the safety of themselves, other course participants, DPTrainingUK staff and others.
- 7.5. All Participants confirm that they understand that by signing the COVID-19 Consent Form they agree that during the course, should they fail to follow the COVID-19 mitigation measures, or that they develop any of the symptoms of COVID-19 they are putting themselves and others at risk and will be asked to leave the course.

8. Post-course Mitigation Measures on DPTrainingUK Courses

- 8.1. All Participants confirm that they understand that the completion of the COVID-19 Consent Form with their up to date contact details is to support the national government ‘track & trace’ system.

Appendix A

Risk Benefit Evaluation for Training Courses During the COVID-19 Pandemic

1. Introduction

- 1.1. This document is an evaluation of the foreseeable risks that are outside the experiences and risks met through “normal daily life” taking into consideration the “new normal” of mitigating the risk of transmission of COVID-19 and to work in conjunction with other company RBE documents
- 1.2. This document aims to outline the benefits that exposure to these risks will bring, through participation in training courses during the COVID-19 Pandemic and will recommend control measures for these foreseeable risks.
- 1.3. **Different Perspective Training Ltd.** staff will follow and work within the context of this Risk-Benefit Evaluation. Our trainers will also constantly and dynamically monitor these risks, alter plans when and where necessary for the safety of the group.
- 1.4. Each venue and course have their own hazards which will be assessed on the day.
- 1.5. **Different Perspective Training Ltd.** will require supporting rationale if a decision is made not to deliver training to customers on health and safety grounds.
- 1.6. This document is designed to summarise issues for the **Different Perspective Training Ltd.** trainer delivering Scenario Based Training programmes, including, but not limited to; First Aid Training, Off Site Safety Management Training, National Water Safety Management Programme and other Scenario Based Training Programmes that include elements these aforementioned training programmes.
- 1.7. It is assumed that all persons engaging with these activities will be susceptible to all risks listed here within.
- 1.8. It is assumed that all risks associated with these activities that are listed here within are of a suitable severity to have deemed them special mention.
- 1.9. All **Different Perspective Training Ltd.** staff delivering qualifications will have undergone appropriate training and hold relevant qualifications for delivering **Different Perspective Training Ltd.** programmes which will be maintained and kept relevant through undergoing personal CPD.

2. Risk-Benefit Evaluation -

- 2.1. Risk-Benefit Evaluation for delivering **Different Perspective Training Ltd. (DPT)** First Aid Training Programmes during the COVID-19 Pandemic.
- 2.2. With high levels of virus in the community and without mitigation measures it may be unacceptable to deliver training. At lower levels of virus in the community, for a risk-assessed venue, informed consent, with pre-course screening procedure for vulnerable individuals in place, with COVID-19 transmission reduction measures in place and with a track & trace capability the risks become acceptable.

Significant Hazards	Control measures	Benefit
Site suitability for planned activities	DPT staff to complete a Site-Specific Risk Assessment of the venue prior to the training ensuring that there are: -Access to toilet and handwashing facilities -Access to hand sanitiser and tissues as well as an appropriate disposal method -Seating for theory sessions is arranged at 2m intervals -Each participant has access to individual manikins, AED trainers, training pack and PPE pack for the duration of the course	Ensure the safety of all Participants, DPT staff and other venue users. Enable successful delivery of programme and ensure all Learning Objectives are met
Participant suitability for planned activities	DPT to carry out pre-course screening of Participants through advanced information provided in the Course Information Pack and Participant completion of COVID-19 Consent Form on the day	Ensure the safety of all Participants, DPT staff and other venue users. Consent Form Supports National Governments 'Track & Trace' programme.
Participant not understanding mitigation measures	DPT staff to highlight of safe practices for Theory Sessions - To ensure the availability of alcohol hand gels/sanitiser/wipes for use on hands (and equipment) or suitable alternatives. - To advise participants that if they need to cough and/or sneeze that they should do so into a disposable tissue (which should then be immediately disposed of) or the bend of the elbow. - To remind participants not to touch their face, unless they have just washed or sanitised their hands. - To ensure participants and staff maintain their distance (2m/6ft) between each other at all times and where close contact is unavoidable face coverings must be used. - To ensure that participants follow these essential measures & where participants fail to follow measures, the trainer has the ability to remove participants or stop course. DPT staff to highlight of safe practices for Practical Sessions As above, plus the following equipment hygiene procedures - Frequently replaced manakin lungs, airways and valves. - Alcohol/sanitising wipes to be used to sanitise equipment surfaces and manikins between use.	Ensure the safety of all Participants, DPT staff and other venue users. Enable successful delivery of programme and ensure all Learning Objectives are met

	<ul style="list-style-type: none"> - Sanitising wipes/gels to be used on hands (including gloved hands) prior to and following any physical touching of another person. - Face coverings to be used by participants and trainers during any sessions, which involve close physical contact. <p>DPT staff to support and enforce participant adherence to all measures for the duration of the training course.</p>	
Contamination of Equipment & resources	After each course, clean all manikins using Anti-surfactant wipes (e.g. Trionic wipes) or Soap & Water and replace lungs. Wash cotton triangular bandages	Mitigate spread of COVID-19 Ensure the safety of all Participants, DPT staff and other venue users.
Poor enforcement of Mitigation Measures by DPT staff.	All participants are complete online evaluation form, sent by ITC WebOffice to confirm and/or provide feedback that appropriate mitigation measures were in place during their course. Email address required on ITC website for this to occur.	Mitigate spread of COVID-19 Ensure the safety of all Participants, DPT staff and other venue users. Prevent reputational damage to ITCFirst & DPT

3. Specific First Aid Assessed Content

- 3.1. Certain essential elements of the First Aid syllabus involve unavoidable contact/ close contact.
- 3.2. The Mitigation Measures in place are specifically tailored to reduce the potential transmission of COVID-19. It is therefore essential that all delegates adhere to these measures wherever practicable.

Assessed Practical Skill – Vital Signs	Vital signs taken on self or using manikin (adult, baby or child)	Enable successful assessment of skill on E/FAW, OFA & E/PFA Courses
Assessed Practical Skill – Accident Procedure (Primary Survey)	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed OR Participants can use a manikin in place of another learner as a simulated casualty.	Enable successful assessment of skill on E/FAW, OFA & E/PFA Courses Use of manikin allows peer review as learner/observer can provide student feedback
Assessed Practical Skill – Secondary Survey	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed OR Learners can use a manikin (perhaps 'full body' manikin) in place of another learner.	Enable successful assessment of skill on E/FAW, OFA & E/PFA Courses Use of manikin allows peer review as learner/observer can provide student feedback
Assessed Practical Skill – Safe Airway Position	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed	Enable successful assessment of skill on E/FAW, OFA & E/PFA Courses
Assessed Practical Skill – Seizure	Typical seizure practical assessment can be adapted to be recognised and managed with 2m separation i.e. Learner can monitor and time from 2m distance	Enable successful assessment of skill on E/FAW, OFA & E/PFA Courses
Assessed Practical Skill – Casualty Card	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed	Enable successful assessment of skill on OFA Courses
Assessed Practical Skill – Insulate & Shelter	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed	Enable successful assessment of skill on OFA Courses
Assessed Practical Skill – CPR & AED	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed along with Resuscitation Council UK Statement on CPR & COVID-19 recorded above in Section 4 of this Policy & Section 4 of linked resus.org.uk document	Enable successful assessment of skill on All First Aid Courses
Assessed Practical Skill – Choking	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed OR Participants may demonstrate using a manikin	Enable successful assessment of skill on All First Aid Courses
Assessed Practical Skill – Minor Injury	Learners may manage a simulated minor injury to themselves.	Enable successful assessment of skill on E/FAW & E/PFA Courses
Assessed Practical Skill – Bleeding	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed. Individual wound dressings issued to learners, which should not be shared OR Learners may apply a wound dressing on themselves.	Enable successful assessment of skill on All First Aid Courses
Assessed Practical Skill – Shock	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed	Enable successful assessment of skill on All First Aid Courses
Assessed Practical Skill – Injury	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed	Enable successful assessment of skill on FAW, OFA & PFA Courses
Assessed Practical Skill – Burns	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed	Enable successful assessment of skill on E/FAW, OFA & E/PFA Courses
Assessed Practical Skill – Illness	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed OR Learners may place themselves in appropriate Conscious Casualty Positions when provided with signs and symptoms (similar to shock assessment).	Enable successful assessment of skill on FAW Courses
Assessed Practical Skill – Neck/ Spinal Injury	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed OR The Participant can demonstrate how they would support a head using Manual In-Line Stabilisation (MILS) on a manikin. The Participant should articulate how they would place a casualty into the spinal recovery position and demonstrate this by placing themselves into that position.	Enable successful assessment of skill on FAW, OFA & PFA Courses
Assessed Practical Skill – Incidents/ Outdoor Scenarios	<u>Close physical contact practical</u> may occur as per A4 Assessment Guidance, provided ' Practical Session/s ' guidance above is followed	Enable successful assessment of skill on OFA Courses