



Different Perspective Training

Forest School First Aid Outline

- *Regulated & Accredited by OfQual and the SQA.*
- *Including Level 3 Award in Paediatric First Aid*

Different Perspective Training Ltd.

Who are we & what do we do?

At Different Perspective Training Ltd. we specialise in delivering engaging and memorable First Aid, Mental Health and Outdoor Safety Training. Our flexible training programmes and experiences are always tailored to meet your needs and those of your workplace. We can support your staff by delivering bespoke training at your site, focussing on your specific working environment, or your staff can join our Public Training Courses that are open to all.

Our company roots have been forged in developmental pedagogy, with over 20 years' educational experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion. This long history in education and training has given us a firm belief in what we do, how we do it, and is centred on the core principle that support and care of others should not just be a responsibility within workplace or whilst working, but beyond it, in every walk of life. This is what we mean when we say, "Our training is proudly delivered *For Your Workplace and Life Beyond It*".

Training & Consultation

- **First Aid Training:** the practical skills needed for schools, the workplace or those heading outdoors, embedding concepts into actions for better understanding and recall when it really matters.
- **First Aid for Mental Health:** empowering delegates to support those in crisis as well as those seeking guidance or advice.
- **Off Site Risk Management & Policy Consultation:** the legalities behind working off-site, turning the complicated hoops into simple steps.
- **Occupational Water Safety Training:** designed in line with the requirements of industry to ensure organisations meet their statutory obligations to keep staff operating in, on or around water safe.

Forest School First Aid Training Course Outline

Introduction

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your needs your first aid needs creating a truly bespoke training programme for your employees. In 2013 the HSE handed over governance of first aid provision to OfQual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional HSE Workplace First Aid Courses and allows them to select which course is most suitable for their workplace and working environment.

Aims

- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess and react to an incident within their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.

16hr Forest School First Aid (FSFA)

Target Group: Staff working with young people in the Forest School setting.

Prior Learning: None

Introduction: Different to Workplace First Aid courses, these courses are designed to provide outdoor incident management skills. Typical delivery methods are predominantly practical, with elements occurring out of doors in outdoor clothing and on various terrains.

Content: Each course looks at the following topics, to varying depth dependent upon level of qualification; roles & responsibilities, adult/ child/ infant specific treatments, dealing



with collapse (with and without breathing), choking, bleeding, shock, major illnesses, torso and limb injuries, environmental effects, heat and cold injuries, using first aid kit, outdoor specific scenarios, outdoor incident management and looking after a casualty for more than 10 minutes.



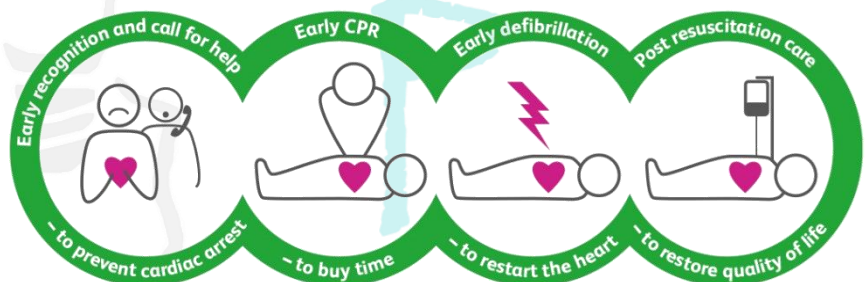
Description: This qualification indicates an individual can undertake the role of Outdoor First Aider in the more rural and remote areas of the British Isles where professional emergency assistance maybe more than 10 minutes away and that their training has had a specific focus on the Paediatric Care in a Forest School Setting. The need for an Outdoor First Aider might have been identified by a workplace first aid needs assessment and can be relied upon by employers to satisfy the due diligence requirements of the HSE for first aid training providers. The qualification will benefit all who specifically work with young people including those in the EYFS setting and need to be introduced to emergency first aid action in the outdoors and outdoor first aid incident management. The qualification will also benefit those who require requalification training in Outdoor First Aid and is

therefore suitable for NGB qualifications, being recognised by Mountain Training UK, British Canoeing & the RYA. Successful completion of the course will result in knowledge and skills that have been identified by the Institute for Outdoor Learning for the safe, effective and prompt treatment of injuries and illness, with the management of incidents in the outdoors.

Additional Certification: As part of the Forest Schools First Aid (FSFA) assessment path the course covers the Level 3 Award in Paediatric First Aid (PFA) content. We are therefore able to assess both the FSFA & PFA courses simultaneously, which means that delegates are able to gain certification in Level 3 Award in Paediatric First Aid at the same time! This course also covers and can be additionally certificated for *Outdoor First Aid, First Aid at Work – Requalification, Emergency First Aid at Work and Forestry First Aid (+F)*.

Cost

These courses can be delivered as either Open Courses (open to members of the public) or as Bespoke Courses (delivered to a specific client group with content tailored to participant needs).



Open/ Public Courses: £155pp & includes certification, manual and PPE. See www.DPTrainingUK.com/training-events for upcoming course dates and venues.

Bespoke/ Private Courses: Our costs are established at a base rate of **£525/day** or **£75/hr + £25 set-up**.

- This cost includes certification, manual & PPE for 12 delegates. Further certification, for multiple short courses delivered in any single day or dual certification is costed at £25/ certificate.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, always agreed in advance.

Please do get in touch to discuss this further.