



Different Perspective Training Ltd.

Pragmatic First Aid, Mental Health & Outdoor Safety Training

Aquatic Safety Qualification 1 & 2-day courses



An Introduction

Who We Are & What We Do

At Different Perspective Training Ltd., we specialise in delivering engaging and memorable First Aid, Mental Health, and Outdoor Safety Training.

Our programmes are flexible and always tailored to the specific needs of your workplace. Whether we are delivering bespoke training at your site or hosting individuals at our Public Training Courses, our focus remains on practical, real-world application.

Our Roots

Our company is built on a foundation of developmental pedagogy, backed by over 20 years of experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion.

We believe that caring for others is a responsibility that extends beyond the 9-5 and forms our core principle: *“Our training is proudly delivered For Your Workplace and Life Outside It.”*

Our Training & Consultation Programmes:

- **First Aid Training:** Practical skills for workplaces, agriculture, industry and outdoor enthusiasts, designed for high recall when it matters most.
- **First Aid for Mental Health:** Empowering people to support those in crisis and provide proactive guidance.
- **Off Site Risk Management & Policy Consultation:** Simplifying the legalities of off-site work, turning complex "hoops" into simple, actionable steps.
- **Occupational Water Safety Training:** Ensuring organisations meet statutory obligations to keep staff safe.

Aquatic Safety Qualification

Different Perspective Training Ltd offer a unique range of Pragmatic Training Programmes for your organisation. At every opportunity each course is tailored to meet your needs creating a truly bespoke training programme for your employees. This vocational Aquatic Safety Qualification is structured to comply with the requirements of industry and support organisations to meet their statutory obligations.

Aims

- To develop knowledge and understanding of Water Safety and the risks associated with different water environments.
- To empower delegates with the confidence to assess a situation and respond to an incident within the remit of their training.
- To develop skills that are relevant to their workplace, and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.

This occupational water safety training course will develop confidence and competence, enabling staff to make informed decisions when conducting waterside activities. The course is divided into three different levels, each with different modules enabling a truly tailored training experience.

The **Level 1** core module, Aquatic Safety Principles, provides the underpinning knowledge for good water safety management practices and primary emergency rescue skills. This is a 4hr course.

Level 2 comprises of a suite of environment specific modules, including Beach, Inland Water and Flood (DEFRA compliant), that build on the foundations developed in Level 1. The modules focus upon environmental knowledge, activity hazards and the use of specialist equipment. Each Level 2 module is 3hrs in length.



Level 3 consists of a series of high-level deep-water rescue modules that equips workers and leaders with supervision and in-water rescue skills, to be able to risk assess the environment and perform emergency water rescue intervention. Each Level 3 module is 3 hrs in length.

Level 1 – Aquatic Safety Principles (4hrs)

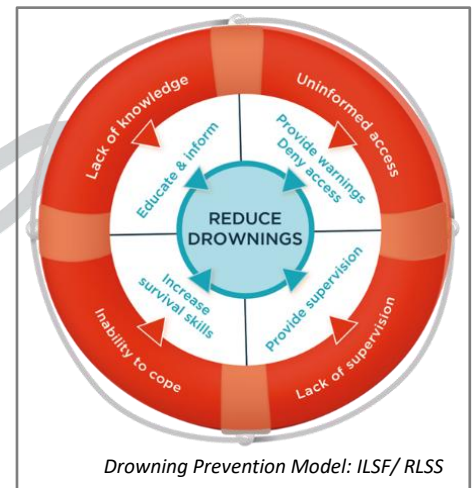
Introduction: The Level 1 core module, Aquatic Safety Principles, provides the underpinning knowledge for good water safety management practices and primary emergency rescue skills. Additional Level 1 modules include Aquatic Risk Management and Aquatic Rescue Equipment, which includes personal floatation devices, personal protective and rescue equipment. This module is aimed at both lone workers and activity group leaders operating around the water margins. Candidates will not enter the water at this level.

Target Group:

- Teachers taking a school group around the water margins on a geography or biology fieldtrip.
- Dock workers operating around the lock gates.
- Rangers managing country parks with water environments.
- Security staff working around water.

Content & Learning Outcomes:

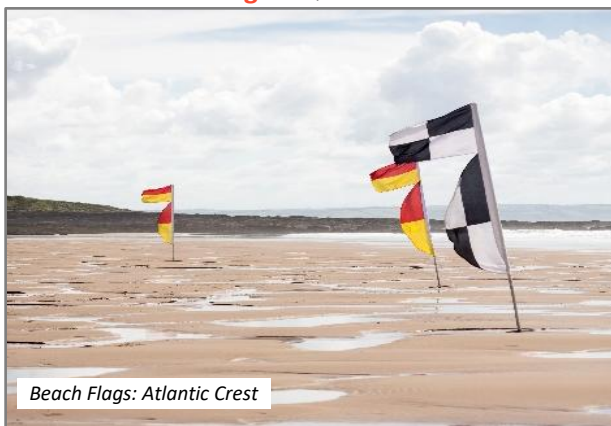
- Understand the drowning process and risk factors for drowning.
- Identify open water hazards.
- Understand key legal requirements and duty of care.
- Apply risk management principles.
- Explain primary management procedures and emergency action plans.
- Explain the Principles of Rescue.
- Demonstrate practical land-based rescue skills.



Level 2 – Environment Specific Modules (3hrs each)

Introduction: The Level 2 suite of modules builds on the foundations of Level 1, focusing on specific environments, their unique risks and activity hazards, as well as the use of specialist equipment. Level 2 modules can be entirely land based but can also provide the opportunity to engage in low level water-based rescues.

Prior Learning: ASQ Level 1



Target Group:

- Construction, rail and civil engineers and ground staff.
- Local Authority Officers supporting flood rescue operations.
- Rangers running a rock pooling or pond dipping exercise.
- Outdoor education providers and expedition leaders operating near water.
- Environmental scientists.
- Health and safety officers who come into contact with water environments.

Level 2 Modules:

- Beach: management of beach environment hazards.
- Inland Waters: management of both moving and still water hazards.
- Flood Management: DEFRA Water Safety Module 1 standard.

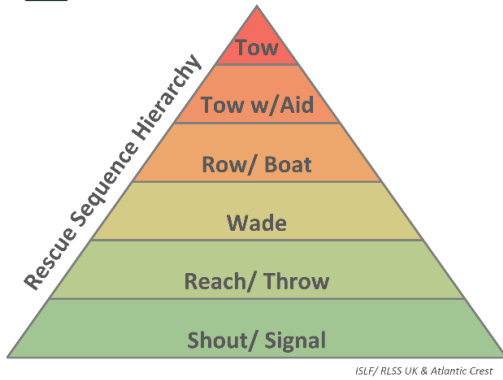
Core Content & Learning Outcomes:

- Identify, assess, and manage Open Water risks.
- Complete Open Water Risk Assessments.
- Explain Open Water Safety Management practices.
- Develop skills to make informed water safety decisions when operating around the water margins.
- Demonstrate practical water-based rescue techniques.

Level 3 – In-Water Rescue Modules (3hrs each)

Introduction: Level 3 award consists of a series of different high-level deep-water rescue modules designed to meet your operating environment. These modules cover risk management, supervision and in-water rescue skills, equipping workers and leaders to be able to risk assess the environment and perform emergency water rescue intervention.

Prior Learning: ASQ Level 1 & one Level 2 module



Target Group:

- Civil Engineers working on bridge structures.
- Canal operators.
- Expedition leaders.
- Water activity supervisors and practitioners.

Level 3 Modules:

- Open Water Swimming: supervising organised open water swim sessions.
- Deep Water Rescue: emergency rescue and casualty management.
- Aquaparks: supervising aquaparks.
- Pool Supervision: supervising organised activities in a swimming pool.
- Maritime/Offshore Management: training of water safety staff.

Core Content & Learning Outcomes:

- Identify the hazards and risk associated with certain bodies of water and deep-water activity.
- Explain the risk management and operational/emergency plans for open water activity.
- Discuss supervisory arrangements for individual environmental and activity specific modules.
- Demonstrate deep-water rescue of both conscious and unconscious casualties.
- Demonstrate practical rescue techniques and deep-water spinal management.



Cost

These courses can be delivered as either Open Courses (open to members of the public) or as Bespoke Courses (delivered to a specific client group with content tailored to participant needs).

Open/ Public Courses:

- 1-day Course, Level 1 & 2, **£135pp**, includes certification.
- 2-day Course, Level 1-3, **£215pp**, includes certification.
- See www.DPTrainingUK.com/training-events for upcoming course dates and venues.

Bespoke/ Private Courses:

Our costs are established at a base rate of **£475/ day**.

- This cost does not include certification, Level 1 **£25pp** Levels 2-3 **£5pp/ module**.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, agreed in advance.

Please do get in touch to discuss these options further.



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