



Different Perspective Training Ltd.

Pragmatic First Aid, Mental Health & Outdoor Safety Training

Level 3 Award in Outdoor First Aid Emergency Action (8hr) / Level 3 Award in Emergency First Aid at Work for Forestry (8hr)

- Suitable for Industry, Agriculture and Horticulture.
- Regulated & Accredited by Ofqual and Qualifications Scotland.





An Introduction

Who We Are & What We Do

At Different Perspective Training Ltd., we specialise in delivering engaging and memorable First Aid, Mental Health, and Outdoor Safety Training.

Our programmes are flexible and always tailored to the specific needs of your workplace. Whether we are delivering bespoke training at your site or hosting individuals at our Public Training Courses, our focus remains on practical, real-world application.

Our Roots

Our company is built on a foundation of developmental pedagogy, backed by over 20 years of experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion.

We believe that caring for others is a responsibility that extends beyond the 9-5 and forms our core principle: *“Our training is proudly delivered For Your Workplace and Life Outside It.”*

Our Training & Consultation Programmes:

- **First Aid Training:** Practical skills for workplaces, agriculture, industry and outdoor enthusiasts, designed for high recall when it matters most.
- **First Aid for Mental Health:** Empowering people to support those in crisis and provide proactive guidance.
- **Off Site Risk Management & Policy Consultation:** Simplifying the legalities of off-site work, turning complex "hoops" into simple, actionable steps.
- **Occupational Water Safety Training:** Ensuring organisations meet statutory obligations to keep staff safe in, on, or around water.

1-day Outdoor Focused First Aid Course Outline

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your first aid needs, creating a truly bespoke training programme for your employees. In 2013 the HSE handed over governance of first aid provision to Ofqual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional HSE Workplace First Aid Courses and allows them to select which course is most suitable for their workplace and working environment.

Aims

- To create a safe learning environment where learning is natural, and skills development is exciting.
- To assess delegate knowledge through continuous practical observation rather than formal written examinations.
- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess a situation and respond to an incident within the remit of their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.



1-day Outdoor First Aid Emergency Action/ Emergency First Aid at Work for Forestry

Course Title: This course can be certificated as either, **Level 3 Award in Outdoor First Aid Emergency Action** (1-day/ 8hr) or the **Level 3 Award in Emergency First Aid at Work for Forestry** (1-day/ 8hr). Both courses are identical, but it depends upon your needs, your Governing Body's expectations or your insurance provider's stipulations.

Target Group: People & Staff working beyond the workplace, outdoors and beyond immediate assistance.



Introduction: Different to Workplace First Aid courses, our Outdoor Focused First Aid courses are designed to provide outdoor incident management skills. Training is predominantly outdoors and of a practical nature, tailored to meet the needs of the participant often working in outdoor clothing with PPE and on various terrains.

Content: This 8-hour course looks at the following topics; roles & responsibilities of an Outdoor First Aider, adult & child specific treatments, dealing with collapse (with and without breathing), drowning, choking, bleeding, shock, major illnesses, catastrophic torso and limb injuries, environmental effects, heat and cold injuries, using first aid kit, outdoor specific scenarios, outdoor incident management and looking after a casualty for more than 10 minutes.



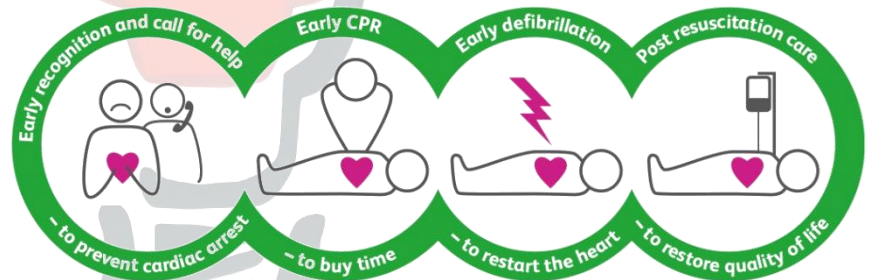
Description: These Ofqual regulated qualifications introduce the emergency response techniques, skills and decisions that will be needed by the Forestry Worker or Outdoor Practitioner perhaps hours from assistance, in the British Isles. The skills and knowledge will be taught in a realistic outdoor context and will satisfy the statutory HSE obligations of an employer who has identified the need for a single day outdoor first aid course. Tailored perfectly to Industry National Governing Body standards for those working in agriculture; tree surgeons and arboriculturalists; or outdoor instructors who specify the need for a single day first aid course

delivered in an outdoor setting. This qualification meets the requirements of the Institute for Outdoor Learning Outdoor First Aid Training Framework.

Additional Certification: As part of our Public Courses, we deliver the Outdoor First Aid Course in parallel to the Emergency Paediatric First Aid (PFA) content. We are therefore able to assess both courses simultaneously, which means that delegates are able to gain certification in Emergency Paediatric First Aid at the same time! This course also covers and can be additionally certificated for *Emergency First Aid at Work + Forestry First Aid Element (+F)*.

Cost

These courses can be delivered as either Open Courses (open to members of the public) or as Bespoke Courses (delivered to a specific client group with content tailored to participant needs).



Open/ Public Courses: from **£115pp** & includes certification & manual. See www.DPTrainingUK.com/course-diary for upcoming course dates and venues.



Please do get in touch to discuss these options further.

Bespoke/ Private Courses: Our courses start at a base rate of **£475/ day** or **£75/hr + £175 Course Admin Fee**.

- This cost does not include registration with the Awarding Organisation, certification and manuals, charged at cost **£20pp**.
- Further certification, for multiple short courses delivered in any single day or dual certification is costed at **£27.50pp/ Qualification**.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, always agreed in advance.

 info@DPTrainingUK.com
+44 (0)1488 685497
+44 (0) 7921 769868

