

Different Perspective Training Ltd.

Pragmatic First Aid & Outdoor Safety Training

First Aid Training Programmes 2024



An Introduction

Who are we & what do we do?

At Different Perspective Training Ltd. we specialise in delivering engaging and memorable First Aid, Mental Health and Outdoor Safety Training. Our flexible training programmes are always tailored to meet your needs and those of your workplace. We can support your staff by delivering bespoke training at your site, focussing on your specific working environment, or your staff can join our Public Training Courses that are open to all.



Our company roots have been forged in developmental pedagogy, with over 20 years' educational experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion. This long history in education and training has given us a firm belief in what we do, how we do it, and is centred on the core principle that support and care of others should not just be a responsibility within workplace or whilst working, but beyond it, in every walk of life. This is what we mean when we say, "Our training is proudly delivered *For Your Workplace and Life Beyond It*".

Our Training & Consultation Programmes

- **First Aid Training:** the practical skills needed for schools, the workplace or those heading outdoors, embedding concepts into actions for better understanding and recall when it really matters.
- **First Aid for Mental Health:** empowering delegates to support those in crisis as well as those seeking guidance or advice.
- **Off Site Risk Management & Policy Consultation:** the legalities behind working off-site, turning the complicated hoops into simple steps.
- **Occupational Water Safety Training:** designed in line with the requirements of industry to ensure organisations meet their statutory obligations to keep staff operating in, on or around water safe.

Different Perspective Training First Aid Programmes

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your first aid needs creating a truly bespoke training programme for your employees. In 2013 the HSE handed over governance of first aid provision to OfQual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional HSE Workplace First Aid Courses and allows them to select which course is most suitable for their workplace and working environment.

Aims

- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess and react to an incident within their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.

Workplace First Aid Courses

Introduction: These courses are designed to provide essential life-saving skills. Typical delivery methods are predominantly practical, and the course is assessed by continual observation of candidate performance.

Content: Each course looks at the following topics, to varying depth dependent upon level of qualification; roles & responsibilities, assessing incidents, dealing with collapse (with and without breathing), choking, bleeding, shock, seizures, minor workplace incidents, using first aid kit.





4hr Basic Life Support & Safe Use of a Defibrillator (BLS-AED) – Level 2 Award

Target Group: Employees needing an annual Adult CPR refresher course or those wanting to learn BLS Skills.

Prior Learning: None.

Description: This Level 2, OfQual regulated qualification introduces basic life support skills and knowledge in an engaging manner and is taught with the workplace context in mind, providing plenty of opportunity for skills development, practice, and application of appropriate procedures.

6hr Emergency First Aid at Work (EFAW) – Level 3 Award

Target Group: Employees working within a small office environment.

Prior Learning: None.

Description: The OfQual regulated qualification introduces emergency life support skills in the context of a work setting. The skills and knowledge will be taught will provide plenty of opportunity for skills development, straightforward practice and application of appropriate procedures. This qualification satisfies the statutory HSE obligations of the employer for smaller and low risk workplaces.



18hr First Aid at Work (FAW) – Level 3 Award

Target Group: Employees working with a larger office-based organisation.

Prior Learning: None.

Description: This OfQual regulated qualification indicates an individual can undertake the role of First Aider in the Workplace that may have been identified by a workplace risk assessment and can be relied upon by employers to satisfy the due diligence requirements of the HSE for FAW training providers. The qualification will benefit all who need to be introduced to emergency first aid in the workplace and those who require requalification training in emergency first aid in the workplace. Successful completion of the course will result in knowledge and skills that have been identified by the HSE for the safe, effective and prompt treatment of injuries and illness in the workplace. The qualification introduces emergency life support skills in the context of a work setting as well as managing injury and illness in the workplace. The skills and knowledge will be taught with the workplace context in mind and should provide plenty of opportunity for skills development, straightforward practice and application of appropriate procedures.

12hr First Aid at Work – Requalification (FAW-R) – Level 3 Award

Target Group: Employees working with a larger office-based organisation.

Prior Learning: Valid & In-date FAW Qualification.

Description: This OfQual regulated 2-day requalification course for valid & in-date FAW qualification holders to recertify for a further 3-years covering the same syllabus as the FAW above.

+2hr Forestry First Aid (+F)

Target Group: Forestry workers or those working outdoors within the agricultural industry.

Prior Learning: None.

Description: Both the EFAW and FAW courses can have a 2hr supplementary module to cover working in wooded environments with heavy machinery and agricultural or forestry tools and equipment.

6hr Emergency First Aid for Schools & Colleges (EFASC)

Target Group: Staff working in schools or colleges but not with early years children (EYFS 0-5).

Prior Learning: None

Description: The recent Department for Education guidance document First Aid in Schools, Early Years and Further Education, clearly states the statutory need to provide first aid for employees under the Health and Safety (First Aid) Regulations 1981. This guidance document also strongly recommends that provision is also made for non-employees such as pupils, students, and visitors.

The ITC Level 3 Award in Emergency First Aid for School and Colleges (EFASC) helps educational establishments meet their need for provision of first aid training for their staff. Unlike First Aid at Work, which does not include paediatric

first aid, this qualification covers both adults and children, including resuscitation procedures for children up to 18. This qualification meets current (2022) guidance from the DfE following the 2021 Resuscitation Council update, which, among other things, increased the child resuscitation protocols in age range to 18. Specific content includes role and responsibilities of first aiders in schools and colleges; dealing with unresponsive adult and child casualties (both breathing and non-breathing); seizures; choking; blood loss.

12hr First Aid for Schools & Colleges (FASC)

Target Group: Staff working in schools or colleges but not with early years children (EYFS 0-5).

Prior Learning: None

Description: This OfQual regulated qualification has been designed to support school and colleges, that have previously had their staff undertaking First Aid at Work training, meet their statutory needs. As with the 6hr EFASC, this new qualification has taken the appropriate content from both FAW and PFA to produce a two-day, 12-hour course appropriate to the school/college context, whether this is for on-site activities inside the buildings, or outside on the playground, on the playing fields, in the sport hall, or out on educational visits. Specific content includes role and responsibilities of first aiders in schools and colleges; dealing with unresponsive adult and child casualties (both breathing and non-breathing); seizures; choking; blood loss; limb, spine, head and chest injuries; burns and scalds; eye, ear and nose issues; poisoning; anaphylaxis; major illness; cold and heat problems and minor injuries.

6hr Emergency Paediatric First Aid (EPFA) – Level 3 Award

Target Group: Staff working with young people in the Early Years Foundation Stage setting.

Prior Learning: None.

Description: This OfQual regulated qualification indicates an individual can undertake the role of first aider in a position that has responsibility of caring for infants and children. It may also have been identified as necessary by a workplace risk assessment. The qualification will benefit all who spend time in the early years environment and with prepuberty children.

Specific content includes planning for and dealing with first aid emergencies involving babies and children including, CPR, shock, anaphylactic shock, bleeding, choking, seizures.



12hr Paediatric First Aid (PFA) – Level 3 Award

Target Group: Staff working with young people in the Early Years Foundation Stage setting.

Prior Learning: None.

Description: This OfQual regulated qualification indicates an individual can undertake the role of Paediatric First Aider whilst in a position of responsibility for the welfare of infants and children. The qualification introduces the techniques, skills and decisions that will be needed by the childcare practitioner in the British Isles. The skills and knowledge will be taught in a realistic childcare context. The award has been designed to fulfil the need for effective paediatric first aid training set out in The Early Years Foundation Stage Guidance. It may also have been identified as necessary by a workplace risk assessment.

Specific content includes planning for and dealing with first aid emergencies involving babies and children including, CPR, shock, anaphylactic shock, electric shock, bleeding, burns and scalds, choking, suspected fractures, head, neck and back injuries, poisoning, foreign bodies in eyes, ears and noses, eye injuries, bites and stings, effects of extreme heat and cold, febrile convulsions, chronic medical conditions, including epilepsy, asthma, diabetes, meningitis and other serious sudden illness.

4hr Basic First Aid for Teachers

Target Group: Staff working with and caring for young people in or beyond an educational setting.

Prior Learning: None.

Description: This course has been specifically designed to include all the common illnesses and injuries facing young people today and therefore includes Asthma, Anaphylaxis, diabetes and epilepsy.

Outdoor First Aid Courses



Introduction: Different to Workplace First Aid courses, our Outdoor First Aid courses are designed to provide outdoor incident management skills. Training is predominantly outdoors and of a practical nature, tailored to meet the needs of the participant often working in outdoor clothing with PPE and on various terrains.

Content: Each course looks at the following topics, to varying depth dependent upon level of qualification; roles & responsibilities, adult/child/infant specific treatments, dealing with collapse (with and without breathing), choking, bleeding, shock, major illnesses, torso and limb injuries, environmental effects, heat and cold injuries, using first aid kit, outdoor specific scenarios, outdoor incident management and looking after a casualty for more than 10 minutes.

8hr Outdoor First Aid (Outdoor Emergency Action) – Level 3 Award

Target Group: People & Staff working beyond the workplace, outdoors and beyond immediate assistance.

Prior Learning: None.

Description: The OfQual regulated qualification introduces the techniques, skills and decisions that will be needed by the outdoor practitioner perhaps hours from assistance, in the British Isles. The skills and knowledge will be taught in a realistic outdoor context and will satisfy the first aid requirements for instructors with most outdoor industry National Governing Bodies who specify the need for a single day outdoor first aid course. This qualification meets the requirements of the Institute for Outdoor Learning Outdoor First Aid Training Framework. This qualification would also satisfy the statutory HSE obligations of an employer who has identified the need for a single day outdoor first aid course in their first aid needs assessment and can be dual certificated to include EFAW +F.

16hr Outdoor First Aid (Outdoor Incident Management) – Level 3 Award

Target Group: People venturing outside either for work or pleasure to remote settings where help and assistance can be protracted.

Prior Learning: None

Description: This OfQual regulated & IOL accredited qualification introduces the techniques, skills and confidence that will be needed to deal with an incident when venturing outside in the British Isles where assistance is more than a few minutes away. This qualification indicates an individual can undertake the role of Outdoor First Aider in more rural and remote areas.

The need for an Outdoor First Aider might have been identified by a Workplace First Aid Needs Assessment and can be relied upon by employers to satisfy the due diligence requirements of the HSE for first aid training providers. Successful completion of the course will result in knowledge and skills that have been identified by the Institute for Outdoor Learning First Aid Training Framework for the safe, effective and prompt treatment of injuries and illness, with the management of incidents in the outdoors.

The course will be delivered in a realistic outdoor context and will satisfy the first aid requirements for instructors with most of the outdoor industry National Governing Bodies.



16hr Forest Schools First Aid (FSFA) – Level 3 Award

Target Group: Staff working with young people in the Forest School setting.

Prior Learning: None

Description: This qualification indicates an individual can undertake the role of Outdoor First Aider in the more rural and remote areas of the British Isles where professional emergency assistance maybe more than 10 minutes away and that their training has had a specific focus on the Forest School Setting. The need for an Outdoor First Aider

might have been identified by a workplace first aid needs assessment and can be relied upon by employers to satisfy the due diligence requirements of the HSE for first aid training providers. The qualification will benefit all who specifically work with young people in the EYFS setting and need to be introduced to emergency first aid action in the outdoors and outdoor first aid incident management. The qualification will also benefit those who require requalification training in Outdoor First Aid. Successful completion of the course will result in knowledge and skills that have been identified by the Institute for Outdoor Learning for the safe, effective and prompt treatment of injuries and illness, with the management of incidents in the outdoors.

Costs & Value for Money

Our costs are established at a base rate of **£525/ day** or **£75/hr + £25 set-up fee**.

- This cost includes certification of a course of 12 delegates. Further certification, for multiple short courses delivered in any single day or dual certification is costed at £25/ certificate.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, always agreed in advance.

Value for Money through Composite Training

We specialise in delivering cost effective solutions to staff training through Composite Training; delivering a two- or three-day programme such as the 16hr Outdoor First Aid or 18hr First Aid at Work and having others that need more basic training programmes in on the earlier, relevant sessions. For example, we can deliver to 12 candidates/ trainer, therefore the delivery of a three-day FAW programme can look like this;

Day 1 - 8hrs, 0900-1800,

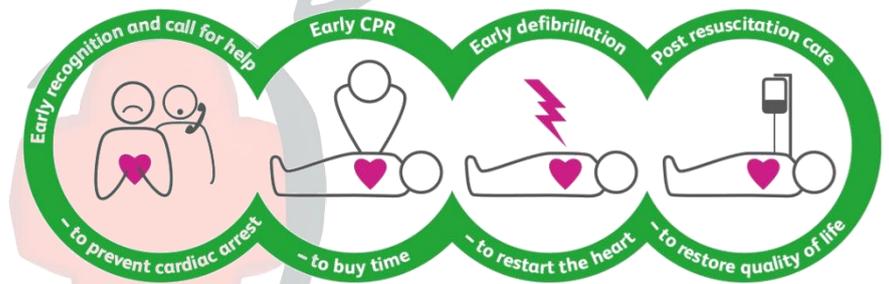
- 4x EFAW candidates (6hr, 1-day, workplace programme)
- 3x OFA candidates (16hr, 2-day, outdoor based programme)
- 5x FAW candidates (18hr, 3-day, workplace first aid programme)

Day 2 - 8hrs, 0900-1800,

- 3x OFA candidates
- 5x FAW candidates

Day 3 - 2hrs, 0900-1100,

- 5x FAW candidates



Having multiple candidates in on the course positively impacts training by having more patients to practice on as well as in increased and more diverse pool of experience & prior learning. If staff needed shorter days, this would be easily organised by merely extending day 3!

This entire training package would simply be billed at 3x our daily rate (£525/day), £1,575, which is less than the cost of sending 5 staff members out for their three-day FAW training course with other well-known national providers!

Open/ Public Courses: 1-day courses £105pp, 2-day courses £155pp, 3-day courses £225pp & includes certification and manual. See www.DPTrainingUK.com/training-events for upcoming course dates and venues.

Please do get in touch to discuss these options further.



info@DPTrainingUK.com
+44 (0)1488 685497
+44 (0) 7921 769868