



## An Introduction

### Who are we & what do we do?

At Different Perspective Training Ltd. we specialise in delivering engaging and memorable First Aid, Mental Health and Outdoor Safety Training. Our flexible training programmes are always tailored to meet your needs and those of your workplace. We can support your staff by delivering bespoke training at your site, focussing on your specific working environment, or your staff can join our Public Training Courses that are open to all.



Our company roots have been forged in developmental pedagogy, with over 20 years' educational experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion. This long history in education and training has given us a firm belief in what we do, how we do it, and is centred on the core principle that support and care of others should not just be a responsibility within workplace or whilst working, but beyond it, in every walk of life. This is what we mean when we say, "Our training is proudly delivered *For Your Workplace and Life Beyond It*".

### Our Training & Consultation Programmes:

- **First Aid Training:** the practical skills needed for schools, the workplace or those heading outdoors, embedding concepts into actions for better understanding and recall when it really matters.
- **First Aid for Mental Health:** empowering delegates to support those in crisis as well as those seeking guidance or advice.
- **Off-Site Risk Management & Policy Consultation:** the legalities behind working off-site, turning the complicated hoops into simple steps.
- **Occupational Water Safety Training:** designed in line with the requirements of industry to ensure organisations meet their statutory obligations to keep staff operating in, on or around water safe.

## First Aid Training Programmes

### Introduction

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your first aid needs creating a truly bespoke training programme for your employees. In 2013 the HSE handed over governance of first aid provision to OfQual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional



HSE Workplace First Aid

Courses and allows them to select which course is most suitable for their workplace and working environment.

### Aims

- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess and react to an incident within their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing



professional development.

**Workplace First Aid Courses:** These OFQual and SCQF regulated qualifications are designed to provide essential life-saving skills for predominantly officed based workplaces. Typical delivery methods are predominantly practical, and the course is assessed by continual observation of candidate performance. These courses include the following programmes:

- 18hr First Aid at Work (FAW)
- 12hr FAW - Requalification (FAW-R)
- 6hr Emergency First Aid at Work (EFAW)
- 4hr Basic Life Support & the Safe Use of an Automatic External Defibrillator Training (BLS & AED)
- 2hr Forestry First Aid (+F) - *Additional 2hr bolt on training*



**First Aid for Schools & Colleges:** Unlike First Aid at Work, which does not include paediatric first aid, these OfQual regulated qualifications cover both adults and children, including resuscitation procedures for children up to 18. This qualification meets current (2022) guidance from the DfE following the 2021 Resuscitation Council update, which, among other things, increased the child resuscitation protocols in age range to 18.

These qualifications have taken the appropriate content from both EFAW & EPFA to create the 6hr course, and the FAW and PFA to produce the two-day, 12-hour FASC course, appropriate for teachers a site staff in the school/college context, whether this is for on-site activities inside the buildings, or outside on the playground, on the playing fields, in the sport hall, or out on educational visits.

- 12hr First Aid for Schools & Coll. (FASC)
- 6hr Emergency First Aid for Schools & Coll. (EFASC)

**Paediatric First Aid Courses:** These OfQual and SCQF regulated qualifications indicate an individual can undertake the role of Paediatric First Aider whilst in a position of responsibility for the welfare of infants and children. The qualification introduces the techniques, skills and decisions that will be needed by the childcare practitioner in the British Isles. These courses include the following programmes:

- 12hr Paediatric First Aid (PFA)
- 6hr Emergency PFA (EPFA)

**Outdoor First Aid Courses:** Different to Workplace First Aid courses, our IOL accredited OfQual and SCQF regulated Outdoor First Aid qualifications are designed to provide outdoor incident management skills. Training is predominantly outdoors and of a practical nature, tailored to meet the needs of the participant often working in outdoor clothing with PPE and on various terrains. These courses include the following programmes:

- 18hr Outdoor First Aid (OFA)
- 18hr Forest School First Aid (FSFA)
- 8hr Outdoor First Aid Emergency Action (OFAEA)



## Mental Health First Aid Training & Wellbeing Workshops

"Mental Health is defined as a state of wellbeing in which every individual realises his or her own potential, can cope with the normal stresses of life, can work productively and fruitfully, and is able to make a contribution to her or his community." World Health Organisation - 2014



These qualifications, regulated OfQual and SCQF are suitable for everyone, but have been designed to help employers to provide a positive mental health culture within the workplace. Learners will not diagnose or treat mental health conditions as this can only be carried out by healthcare professionals but will gain the knowledge to identify when a person may have a condition and know where they can go to get help. These courses include the following programmes:

- 4hr First Aid for Mental Health Awareness (FAMHA)
- 6hr First Aid for Mental Health (FAMH)
- 12hr First Aid for Mental Health Supervisors (FAMHS)

Additional to these Mental Health First Aid courses, we have a suite of

**Resilience, Wellbeing and Stress Management Workshops** for staff. If you are interested in us running an INSET or CPD programme, please do not hesitate to contact us.

## Off-Site Risk Management Training Programmes

These qualifications were designed in response to concerns about safety in off-site activities. It addresses the content of legislation in this area and provides an opportunity for attendees to explore the application of the legislation in practical situations.

### Aims

- To develop knowledge and understanding of off-site safety management procedures and the ability to apply this to a range of different contexts.
- To develop ability to plan, manage and evaluate off-site activities in order to ensure the safety of the participants.
- To develop skills that are relevant to the workplace, and which can be adapted to meet different circumstances.
- To encourage further study and promote the value of continuing professional development.





**Off-Site Safety Management Course:** The OSSM course, accredited by the RGB-IBG, is appropriate for those working in a range of different situations where they are responsible for taking children/young people/adults out of their everyday environments (on geography or environmental field trips, on sporting away events, on organised activities). It aims to equip learners with the ability to apply knowledge, understanding and problem-solving skills in a range of contexts.

**Off-Site Visit Safety Courses:** Different to the OSSM qualification, the OSVS courses are a series of short, condensed courses modelled on the Royal Geographical Society's 2-day course. The OSVS courses introduce the legal framework and associated documentation that drives workplace policy and aims to empower staff to feel more confident about working off-site and the associated responsibilities.

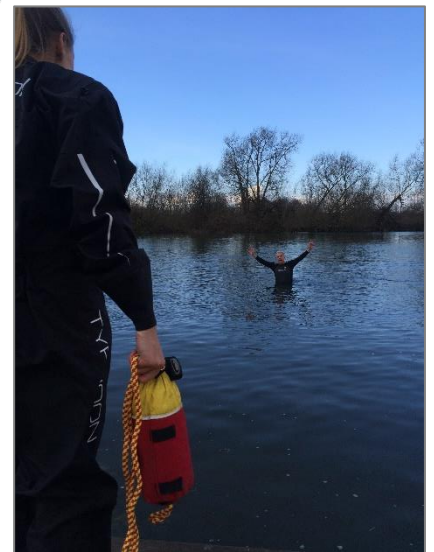
## Occupational Water Safety Training Programmes

### Introduction

The Aquatic Safety Qualifications (ASQ) are the premier occupational water safety training courses, structured to comply with the requirements of industry and support organisations to meet their statutory obligations. This series of Atlantic Crest qualifications, accredited by the IOL, will develop confidence and competence, enabling staff to make informed decisions when conducting waterside activities. The course is divided into three different levels, each with different modules enabling a truly tailored training experience.

### Aims

- To develop knowledge and understanding Water Safety and the risks associated with different water environments.
- To empower delegates with the confidence to assess and react to an incident within their training.
- To develop skills that are relevant to their workplace, and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.



**ASQ Level 1:** The core module, Aquatic Safety Principles, provides the underpinning knowledge for good water safety management practices and primary emergency rescue skills. This is a 4hr course.

**ASQ Level 2:** comprises of a suite of environment specific modules, including Beach, Inland Water and Flood (DEFRA compliant), that build on the foundations developed in Level 1. The modules focus upon environmental knowledge, activity hazards and the use of specialist equipment. Each Level 2 module is 3hrs in length.

**ASQ Level 3:** consists of a series of high-level deep-water rescue modules that equips workers and leaders with supervision and in-water rescue skills, to be able to risk assess the environment and perform emergency water rescue intervention. Each Level 3 module is 3 hrs in length.

Please do get in touch to discuss these options further.



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