



Overseas First Aid Kit Contents					
Left Column			Right Column		
Item	Quantity	Exp Date	Item	Quantity	Exp Date
Bandages	x		General	x	
Crepe Bandage 7.5cm x 4.5m	2		Primary Care Leaflet/ Manual	1	
Cohesive Bandage (7.5cm x 4.5m)	2		Dental Leaflet	1	
Triangular Bandage (non-woven)	2		Patient Card	4	
Dressings	x		Tuff Cut Shears	1	
Blister Plasters	6		Safety Pins	6	
Assorted Plasters pack of 20	1		Safety Whistle	1	
Steri-strips (3mm x 7.5mm) pack of 5	1		Glo Stick	2	
Steri-strips (6mm x 7.5mm) pack of 3	1		High Visibility First Aid Vest Yellow	1	
Low Adherent Dressings (5 x 5cm)	2		Dental Mirror and Spatula	1	
Low Adherent Dressings (10 x 10cm)	2		Foil Emergency Blanket	1	
Adherent Dressing (5 x 7.5cm)	5		Thermometer/ digital probe / timpanic	1	
Adherent Dressing (7.5 x 10cm)	8		Pen Light	1	
HSE Medium Wound Dressing (12 x 12cm)	3		Stethoscope (Basic)	1	
HSE Large Wound Dressing (18 x 18cm)	3		Blood Pressure Cuff	1	
CAT Tourniquet	1		Pulse Oximeter	1	
6" Emergency (Israeli) Dressing	2		Oropharyngeal airway set	1	
Preparations, Disposables & Tapes	x		Resuscitation Face Shield	2	
Alcohol-free cleansing wipes	10		Resuscitation BVM	1	
Pairs Disposable Nitrile Gloves	8		Tweezers	1	
Hand Sanitiser	1		Tic Tweezers	1	
Saline Water Pods (20ml)	4		Medical Kit Bag	1	
Non-Woven 4-Ply Gauze Swabs (5 x 5cm) pack of 5	4				
Burn Gel Sachets (3.5g)	6		Clean Needle Kit *		
Electrolyte Powder Sachet	10		Alkotip Pre Injection Wipes	10	
Glucose 15 - Oral Glucose Gel	2		Sterile Syringe (2ml)	2	
Betadine Spray (100ml)	1		Sterile Syringe (5ml)	2	
Micropore Tape (2.5cm)	1		Sterile Syringe (10ml)	2	
Zinc Oxide Tape (2.5cm)	1		Sterile Syringe (20ml)	2	
Duct Tape 1.8m	1		Hypodermic Needle (19G) 1.1 x 40mm Cream	2	
Sam Splint XL (36")	1		Hypodermic Needle (21G) 0.8 x 40mm Green	2	
Clean Needle Kit *	1		Hypodermic Needle (23G) 0.6 x 25mm Blue	2	
Scalpel (1cm blade)	1		Hypodermic Needle (25G) 0.5 x 16mm Orange	2	
Sanitary Towels	3		Hypodermic Needle (25G) 0.5 x 25mm Orange	2	
Tampons	5		Easi-V IV Retaining Dressing 7.5x8.5cm	2	
Medication	x		Venflon IV Cannula (14G) Orange	2	
Asprin Tablets (300mg)	16		Venflon IV Cannula (16G) Grey	2	
Paracetamol Tablets (500mg)	32		Venflon IV Cannula (17G) White	2	
Ibuprofen Tablets (200mg)	32		Venflon IV Cannula (18G) Green	2	
Stugeron 15 (Cinnarizine 15mg)	16		Venflon IV Cannula (20G) Pink	2	
Imodium (Loperamide Hydrochloride 2mg)	18		Venflon IV Cannula (22G) Blue	2	
Antihistamine (Chlorphenamine Maleate 4mg)	16				

For All Your Training and Consultation Needs...