



# Different Perspective Training Ltd.

**Pragmatic First Aid & Outdoor Safety Training**

## **Level 3 Award in Outdoor First Aid (16hr)**

- Including First Aid for Agriculture and Horticulture.
- Regulated & Accredited by OfQual and the SQA.
- Accredited by the Institute of Outdoor Learning.
- Meeting the Standards of the UK Outdoor National Governing Bodies.

## An Introduction

### Who are we & what do we do?

At Different Perspective Training Ltd. we specialise in delivering engaging and memorable First Aid, Mental Health and Outdoor Safety Training. Our flexible training programmes are always tailored to meet your needs and those of your workplace. We can support your staff by delivering bespoke training at your site, focussing on your specific working environment, or your staff can join our Public Training Courses that are open to all.



Our company roots have been forged in developmental pedagogy, with over 20 years' educational experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion. This long history in education and training has given us a firm belief in what we do, how we do it, and is centred on the core principle that support and care of others should not just be a responsibility within workplace or whilst working, but beyond it, in every walk of life. This is what we mean when we say, "Our training is proudly delivered *For Your Workplace and Life Beyond It*".

### Our Training & Consultation Programmes

- **First Aid Training:** the practical skills needed for schools, the workplace or those heading outdoors, embedding concepts into actions for better understanding and recall when it really matters.
- **First Aid for Mental Health:** empowering delegates to support those in crisis as well as those seeking guidance or advice.
- **Off Site Risk Management & Policy Consultation:** the legalities behind working off-site, turning the complicated hoops into simple steps.
- **Occupational Water Safety Training:** designed in line with the requirements of industry to ensure organisations meet their statutory obligations to keep staff operating in, on or around water safe.

## Outdoor First Aid Training Course Outline

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your needs your first aid needs creating a truly bespoke training programme for your employees. In 2013 the HSE handed over governance of first aid provision to OfQual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional HSE Workplace First Aid Courses, allowing you to select which course is most suitable for your workplace and working environment.

### Aims

- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess and react to an incident within their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.

## 16hr Outdoor First Aid - L3 (Incl. FA for Horticulture & Agriculture)

**Target Group:** People venturing outside either for work or pleasure to remote settings where help and assistance can be protracted.

**Prior Learning:** None

**Introduction:** Different to Workplace First Aid courses, our Outdoor First Aid courses are designed to provide outdoor incident management skills. Training is predominantly outdoors and of a practical nature, tailored to meet the needs of the participant often working in outdoor clothing with PPE and on various terrains.

**Content:** This 16-hour course looks at the following topics; roles & responsibilities of an Outdoor First Aider, adult & child specific treatments, dealing with collapse (with and without breathing),



drowning, choking, bleeding, shock, major illnesses, torso and limb injuries, environmental effects, heat and cold injuries, using first aid kit, outdoor specific scenarios, outdoor incident management and looking after a casualty for more than 10 minutes.



**Description:** This course introduces the techniques, skills and confidence that will be needed to deal with an incident when venturing outside in the British Isles where assistance is more than a few minutes away. This qualification indicates an individual can undertake the role of Outdoor First Aider in more rural and remote areas.

The need for an Outdoor First Aider might have been identified by a Workplace First Aid Needs Assessment and can be relied upon by employers to satisfy the due diligence requirements of the HSE for first aid training providers. Successful completion of the course will result in knowledge and skills that have been identified by the Institute for Outdoor Learning First Aid Training Framework for the safe, effective and prompt treatment of injuries and illness, with the management of incidents in the outdoors.

The course will be delivered in a realistic outdoor context and will satisfy the first aid requirements for instructors with most of the outdoor industry National Governing Bodies.

**Additional Certification:** As part of our Public Courses, we deliver the Outdoor First Aid Course in parallel to the Forest Schools First Aid (FSFA) course and assessment path which includes the Paediatric First Aid (PFA) content. We are therefore able to assess both courses simultaneously, which means that delegates are able to gain certification in Paediatric First Aid at the same time! This course also covers and can be additionally certificated for *Forest Schools First Aid, First Aid at Work – Requalification, Emergency First Aid at Work and Forestry First Aid (+F)*.

## Cost

These courses can be delivered as either Public Courses (open to members of the public) or as Bespoke Courses (delivered to a specific client group with content tailored to participant needs).

**Open/ Public Courses:** £155pp & includes certification, manual and PPE. See [www.DPTrainingUK.com/training-events](http://www.DPTrainingUK.com/training-events) for upcoming course dates and venues.

**Bespoke/ Private Courses:** Our costs are established at a base rate of **£525/day** or **£75/hr + £25 set-up**.

- This cost includes certification, manual & PPE for 12 delegates. Further certification, for multiple short courses delivered in any single day or dual certification is costed at £25/ certificate.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, always agreed in advance.

Please do get in touch to discuss these options further.



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