



# Different Perspective Training Ltd.

**Pragmatic First Aid, Mental Health & Outdoor Safety Training**

## First Aid Programmes for Schools & Colleges 2026

- Regulated & Accredited by Ofqual and Qualifications Scotland.
- Including:
  - First Aid for Schools & Colleges (12hr & 6hr)
  - Paediatric First Aid (12hr & 6hr)
  - First Aid for Forest Schools (16hr)
  - Outdoor First Aid (16hr & 8hr)
  - First Aid for Sport, Exercise & Fitness (7hr)
  - First Aid at Work (18hr, 12hr & 6hr)
  - Basic Life Support and Safe Use of an AED (4hr)





## An Introduction

### Who We Are & What We Do

At Different Perspective Training Ltd., we specialise in delivering engaging and memorable First Aid, Mental Health, and Outdoor Safety Training.

Our programmes are flexible and always tailored to the specific needs of your workplace. Whether we are delivering bespoke training at your site or hosting individuals at our Public Training Courses, our focus remains on practical, real-world application.

### Our Roots

Our company is built on a foundation of developmental pedagogy, backed by over 20 years of experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion.

We believe that caring for others is a responsibility that extends beyond the 9-5 and forms our core principle: *"Our training is proudly delivered For Your Workplace and Life Outside It."*



### Our Training & Consultation Programmes:

- **First Aid Training:** Practical skills for workplaces, agriculture, industry and outdoor enthusiasts, designed for high recall when it matters most.
- **First Aid for Mental Health:** Empowering people to support those in crisis and provide proactive guidance.
- **Off Site Risk Management & Policy Consultation:** Simplifying the legalities of off-site work, turning complex "hoops" into simple, actionable steps.
- **Occupational Water Safety Training:** Ensuring organisations meet statutory obligations to keep staff safe in, on, or around water.

## Different Perspective Training: First Aid for Schools & Colleges

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your first aid needs, creating a truly bespoke training programme for your staff. In 2013 the HSE handed over governance of first aid provision to Ofqual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional HSE Workplace First Aid Courses and allows them to select which course is most suitable for their workplace and working environment.

### Aims

- To create a safe learning environment where learning is natural, and skills development is exciting.
- To assess delegate knowledge through continuous practical observation rather than formal written examinations.
- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess a situation and respond to an incident within the remit of their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.





## First Aid for Schools & Colleges Courses

**Introduction:** Both the European and UK Resuscitation Councils release updated guidelines every five years, driven by developments in medical care and pre-hospital first aid. The 2021 update made a significant change relevant to schools: the definition of a paediatric casualty was extended from puberty to 18 years of age, bringing first aid into line with the broader legal and medical understanding of childhood in the UK. In practical terms, this means a First Aider is now expected to apply Paediatric First Aid protocols to any casualty under 18, not just young children.

This had direct implications for secondary schools in particular. Staff qualified in standard First Aid at Work were technically undertaking a qualification that did not cover their own students as paediatric casualties, raising questions around insurance coverage and duty of care. In response, the Department for Education updated its guidance document *First Aid in Schools, Early Years and Further Education (2022)*, recommending that school staff receive first aid training that reflects current paediatric protocols. The DfE confirmed to ITC that this does not require all staff to hold a full Paediatric First Aid qualification — except where statutory Early Years requirements apply — but that training should be appropriate to the age range of students in their care. From these developments, two new Ofqual regulated qualifications were created specifically for the school and college environment, drawing content from both First Aid at Work and Paediatric First Aid to produce courses that are school-focused, practically delivered, and appropriate for staff working with students from early childhood through to Post-16.

**Important:** These qualifications do NOT replace Paediatric First Aid. Settings with Early Years children (ages 0–5) retain a legal requirement to hold E/PFA. Staff in EYFS settings should continue to pursue the Paediatric First Aid pathway. (Source: ITCFirst.co.uk)



## 6hr Emergency First Aid for Schools & Colleges - L3 (EFASC)

**Target Group:** Staff working in schools or colleges without Early Years children (EYFS, ages 0–5), where a shorter qualification is appropriate or where a full first aid team is already in place.

**Description:** The EFASC is a one-day qualification providing essential emergency first aid skills in a school context. Unlike the standard EFAW course, it covers both adults and young people up to age 18, in line with current Resuscitation Council UK guidelines. It is designed to meet the DfE's recommendation for paediatric-aware first aid training in schools, whilst minimising time out of the classroom. It is particularly well-suited to staff working alongside colleagues qualified to a higher first aid level.

**Specific Content Includes:** role and responsibilities of first aiders in schools and colleges; dealing with unresponsive adult and child casualties (both breathing and non-breathing); seizures; choking; blood loss.



## 12hr First Aid for Schools & Colleges - L3 (FASC)

**Target Group:** Staff working in schools or colleges without Early Years children (EYFS, ages 0–5). Most relevant for primary schools without EYFS, junior, middle, secondary, and Post-16 settings.

**Description:** The FASC is a comprehensive two-day qualification that combines the relevant content of First Aid at Work and Paediatric First Aid into a single course tailored to the school environment. It covers first aid for both adults and young people up to age 18, reflecting current Resuscitation Council UK guidelines. This qualification carries the same professional standing as First Aid at Work in a school context, while requiring one fewer day out of the classroom — saving schools a full day of supply cover costs whilst providing more relevant, school-focused content, whether for incidents inside the building, on the playground, on the sports field, or on educational visits.

**Specific Content Includes:** role and responsibilities of first aiders in schools and colleges; dealing with unresponsive adult and child casualties (both breathing and non-breathing); seizures; choking; blood loss; limb, spine, head and chest injuries; burns and scalds; eye, ear and nose issues; poisoning; anaphylaxis; major illness; cold and heat problems and minor injuries.



## Paediatric First Aid Courses

**Introduction:** These Ofqual regulated qualifications provide the paediatric first aid skills required for any casualty up to the age of 18, in line with the 2021 Resuscitation Council UK guidelines. Whilst the content and context of delivery has a particular focus on the Early Years Foundation Stage and primary age settings, the qualifications are equally valid for staff working across all age ranges up to 18. Settings caring for children aged 0–5 carry a statutory requirement to hold E/PFA.

### 6hr Emergency Paediatric First Aid - L3 (EPFA)

**Target Group:** Staff working with young people in a child care setting.

**Description:** This qualification indicates an individual can undertake the role of first aider in a position with responsibility for the care of infants and children. It may also have been identified as necessary by a workplace risk assessment. The qualification will benefit all who spend time in the early years' environment and with young children.

**Specific Content Includes:** planning for and dealing with first aid emergencies involving babies and children including CPR & AED use; shock; anaphylactic shock; bleeding; choking; seizures.

### Level 3 Award in Paediatric First Aid (PFA) - 12hr

**Target Group:** Staff working with young people in Early Years Foundation Stage, Primary or Secondary education setting with an increased level of responsibility for the care and welfare of infants and children.

**Description:** This Ofqual regulated qualification indicates an individual can undertake the role of Paediatric First Aider. The qualification introduces the techniques, skills and decisions that will be needed by the childcare practitioner in the British Isles, taught in a realistic childcare context. The award has been designed to fulfil the need for effective paediatric first aid training set out in The Early Years Foundation Stage Guidance. It may also have been identified as necessary by a workplace risk assessment.

**Specific content includes:** planning for and dealing with first aid emergencies involving babies and children including CPR & AED use; shock; anaphylactic shock; electric shock; bleeding; burns and scalds; choking; suspected fractures; head, neck and back injuries; poisoning; foreign bodies in eyes, ears and noses; eye injuries; bites and stings; effects of extreme heat and cold; febrile convulsions; chronic medical conditions including epilepsy, asthma, diabetes, meningitis and other serious sudden illness.

### Bespoke First Aid for Teachers

**Target Group:** Staff working with and caring for young people in or beyond an educational setting.

**Description:** This course is completely flexible and can include all the common illnesses and injuries facing young people today and therefore includes Asthma, Anaphylaxis, diabetes and epilepsy. It is bespoke and certificated through DPTrainingUK.





## Workplace First Aid Courses



**Introduction:** These Ofqual regulated qualifications provide essential life-saving skills in a workplace context and are the industry standard for staff working in everyday environments. Whilst the First Aid for Schools & Colleges suite is the preferred route for most teaching and support staff, FAW and EFAW remain relevant for school site managers, caretakers, administrative staff, and others whose role is primarily workplace rather than student-facing.

### 6hr Emergency First Aid at Work - L3 (EFAW)

**Target Group:** Staff working in a lower risk workplace environment, or where a shorter qualification is appropriate.

**Description:** This Ofqual regulated qualification introduces emergency life support skills in the context of a work setting, with plenty of opportunity for skills development and practical application. This qualification satisfies the statutory HSE obligations of the

employer for smaller and lower risk workplaces.

**Specific Content Includes:** vital signs; incident management; airway management; cardiopulmonary resuscitation (CPR); safe use of an Automated External Defibrillator (AED); choking; burns, bleeding control & shock; minor injuries; current regulations & record keeping.

### 18hr First Aid at Work — L3 (FAW)

**Target Group:** Staff working in a larger organisation or higher risk environment, as identified by a workplace risk assessment or First Aid Needs Assessment.

**Description:** This Ofqual regulated qualification confirms an individual is competent to undertake the role of workplace First Aider. It satisfies the statutory HSE due diligence requirements for FAW training provision and is suitable for both those being introduced to workplace first aid and those requiring requalification. Delivered in a practical, workplace-focused context, the course covers emergency life support alongside the management of injury and illness in the workplace.

**Specific Content Includes:** vital signs; incident management; airway management; CPR; safe use of an AED; choking; burns, bleeding control & shock; common & serious workplace injuries; poisoning; major illnesses including anaphylaxis; eye injuries; current regulations & record keeping.

### 12hr First Aid at Work - Requalification - L3 (FAW-R)

**Target Group:** Current FAW holders working in a larger organisation.

**Prior Learning:** Valid & in-date FAW Qualification.

**Description:** Replicating the 18hr FAW qualification in content and delivery style, this Ofqual regulated two-day requalification course is shorter due to the supporting evidence of background knowledge and previous understanding and recertifies delegates for a further three years.

### 4hr Basic Life Support & Safe Use of an AED - L3 (BLS&AED)

**Target Group:** Staff wanting to learn or refresh essential BLS skills, employees with other trained First Aiders on site, and medical professionals maintaining annual professional standards.

**Description:** This Ofqual regulated qualification introduces basic life support skills and knowledge in an engaging, practical manner, taught with the workplace context in mind and providing plenty of opportunity for skills development and application of appropriate procedures.





## Sports First Aid Courses

### 7hr First Aid for Sport, Exercise & Fitness - L3 (FASEF)

**Target Group:** PE teachers, sports coaches, fitness professionals, team managers, and other adults working in or around school sport and physical activity.

**Description:** This Ofqual regulated qualification provides essential first aid skills in a sport and fitness context, making it ideal for school PE departments and sports staff. Delivered as a 100% practical course with no written assessment, it is assessed entirely through continual observation. The FASEF can be delivered alongside the 6hr EFAW course, with dual certification available — a highly cost-effective option for schools needing to cover both general workplace and sport-specific first aid requirements simultaneously.

Notably, the World Rugby Medical Pitch Side Care Working Group has recommended this qualification as equivalent to World Rugby's First Aid in Rugby (FAiR), with the equivalence recognised across World Rugby's member unions worldwide.

**Specific Content Includes:** basic life support; sports injury assessment; cease and return-to-activity decision making; safe moving and handling; return to play decisions; managing specialist sports equipment including gum shields; appropriate use of ice; winding; suspected compartment syndrome; assisting casualties from the field of play; and other sports-specific first aid concerns.



## Outdoor & Forest School First Aid Courses



**Introduction:** For DofE Leaders, Forest Schools Leaders, staff leading outdoor activities, managing school sites, or taking students on residential and field trips, standard workplace first aid qualifications may not provide adequate preparation. These Ofqual regulated outdoor first aid qualifications are designed to provide incident management skills in remote and rural settings and will satisfy the first aid requirements of most outdoor industry National Governing Bodies.

### 16hr Outdoor First Aid - L3 (OFA)

**Target Group:** Staff leading groups to more remote settings where professional assistance may be significantly delayed — including DofE managers, field trip leaders, and outdoor education staff.

**Description:** This Ofqual regulated and IOL accredited two-day qualification is the industry standard for outdoor professionals in the UK. It

introduces the techniques, skills and confidence needed to manage an incident in the British Isles where assistance is more than a few minutes away and will satisfy the first aid requirements for instructors with most outdoor industry National Governing Bodies.

### 16hr Forest Schools First Aid - L3 (FSFA)

**Target Group:** Staff working with young people in the Forest School setting, particularly Level 3 Forest School Leaders.

**Description:** Following the same format as the Outdoor First Aid qualification, this course is tailored specifically to meet the needs of those working remotely in UK woodland with young people. It includes child and infant first aid protocols, meets the updated 2021 Resuscitation Council guidelines for Paediatric First Aid, and is the recommended qualification for Level 3 Forest School Leaders.





## 8hr Outdoor First Aid Emergency Action - L3 (OFAEA)

**Target Group:** School trip leaders, Forest School assistants, and agricultural or horticultural staff working in rural settings where help is available but may be delayed.

**Description:** This one-day qualification introduces emergency outdoor incident management skills for those working somewhat remotely. It satisfies the statutory HSE obligations of an employer who has identified the need for a single-day outdoor first aid course and meets the requirements of the Institute for Outdoor Learning Outdoor First Aid Training Framework. The course can be certificated as either the Level 3 Award in Outdoor First Aid Emergency Action or the Level 3 Award in Emergency First Aid at Work for Forestry — both courses are identical in content, and the appropriate certification depends on your Governing Body's requirements or your insurer's stipulations.

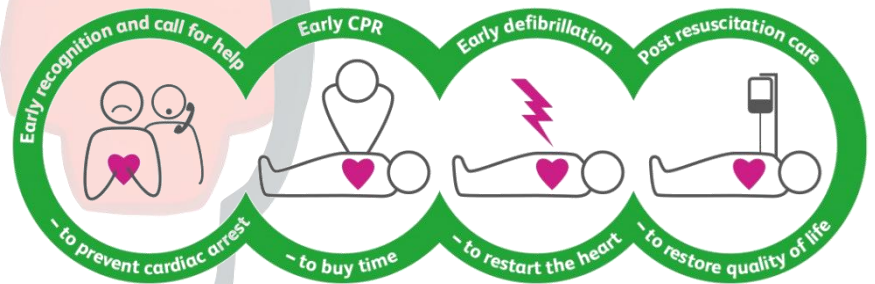
## Costs & Value for Money

Our costs are established at a base rate of **£475/ day** or **£75/hr + £175 Course Admin Fee**.

- This cost does not include certification and manuals, charged separately at cost from the Awarding Organisation from **£20pp**.
- Further certification, for multiple short courses delivered in any single day or dual certification is costed at **£27.50pp/ Qualification**.
- Bespoke DPTrainingUK e.Certification is charged at **£2.50pp**
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, always agreed in advance.

## Value for Money through Composite Training

We specialise in delivering cost-effective solutions to staff training through Composite Training, running a longer programme and bringing in colleagues who need shorter qualifications for the relevant earlier sessions. This is particularly well-suited to schools, where staff have varying first aid needs and supply cover costs make time out of school a significant consideration.



**Day 1** - 6hrs, 0900-1600,

- 4x EFASC candidates (6hr/ 1-day course)
- 4x PFA candidates (12hr/ 2-day course)
- 4x FASC candidates (18hr/ 3-day course)

**Day 2** - 6hrs, 0900-1600,

- 4x PFA candidates
- 4x FASC candidates

Having multiple candidates on the course positively impacts training, more patients to practise on, and a richer, more diverse pool of experience and prior knowledge.

This entire package would simply be billed at 2x our daily rate + Certification Cost (£475/ day) + (4x EFASC Certification @£20ea) + (4x PFA Certification @£20ea) + (4x FASC Certification @£20ea) = **£950 + £240 = £1,190**, covering first aid training for 12 members of staff across three different qualifications, all delivered on your site.

**Open/ Public Courses:** 1-day courses from **£115pp**, 2-day courses from **£165pp** & includes certification & manual. See [www.DPTrainingUK.com/course-diary](http://www.DPTrainingUK.com/course-diary) for upcoming course dates and venues.



Please do get in touch to discuss these options further.



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