



# Different Perspective Training Ltd.

Pragmatic First Aid, Mental Health & Outdoor Safety Training

## Level 3 Award in Forest School First Aid (16hr)

- Regulated & Accredited by Ofqual and the SQA.
- Including Level 3 Award in Paediatric First Aid



## An Introduction

### Who We Are & What We Do

At Different Perspective Training Ltd., we specialise in delivering engaging and memorable First Aid, Mental Health, and Outdoor Safety Training.

Our programmes are flexible and always tailored to the specific needs of your workplace. Whether we are delivering bespoke training at your site or hosting individuals at our Public Training Courses, our focus remains on practical, real-world application.

### Our Roots

Our company is built on a foundation of developmental pedagogy, backed by over 20 years of experience in teaching, outdoor education, and expedition leadership. Encouraging people to challenge themselves and learn is our passion.

We believe that caring for others is a responsibility that extends beyond the 9-5 and forms our core principle: *“Our training is proudly delivered For Your Workplace and Life Outside It.”*

### Our Training & Consultation Programmes:

- **First Aid Training:** Practical skills for workplaces, agriculture, industry and outdoor enthusiasts, designed for high recall when it matters most.
- **First Aid for Mental Health:** Empowering people to support those in crisis and provide proactive guidance.
- **Off Site Risk Management & Policy Consultation:** Simplifying the legalities of off-site work, turning complex "hoops" into simple, actionable steps.
- **Occupational Water Safety Training:** Ensuring organisations meet statutory obligations to keep staff safe in, on, or around water.

## Forest School First Aid Training Course Outline

Different Perspective Training Ltd offer a unique range of First Aid Training Programmes for your organisation. At every opportunity each course is tailored to meet your first aid needs, creating a truly bespoke training programme for your employees. In 2013 the HSE handed over governance of first aid provision to Ofqual and the onus of training programme selection to the employer. This has subsequently freed employers from the strictures of the traditional HSE Workplace First Aid Courses and allows them to select which course is most suitable for their workplace and working environment.

### Aims

- To create a safe learning environment where learning is natural, and skills development is exciting.
- To assess delegate knowledge through continuous practical observation rather than formal written examinations.
- To develop knowledge and understanding of First Aid and Emergency Response Procedures.
- To empower delegates with the confidence to assess a situation and respond to an incident within the remit of their training.
- To develop skills that are relevant to their workplace and which can be adapted to meet different circumstances and environments.
- To encourage further study and promote the value of continuing professional development.

### 16hr Forest School First Aid – L3 (FSFA)

**Target Group:** Staff working with young people in the Forest School setting.

**Introduction:** Different to Workplace First Aid courses, these courses are designed to provide outdoor incident management skills. Typical delivery methods are predominantly practical, with elements occurring out of doors in outdoor clothing and on various terrains.



**Content:** Each course looks at the following topics, to varying depth dependent upon level of qualification; roles & responsibilities, adult/ child/ infant specific treatments, dealing with collapse (with and without breathing), choking, bleeding, shock, major illnesses, torso and limb injuries, environmental effects, heat and cold injuries, using first aid kit, outdoor specific scenarios, outdoor incident management and looking after a casualty for more than 10 minutes.



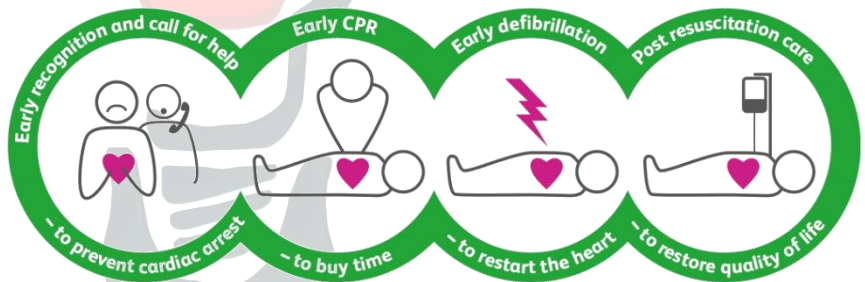
**Description:** This Ofqual regulated qualification indicates an individual can undertake the role of Outdoor First Aider in the more rural and remote areas of the British Isles where professional emergency assistance may be more than 10 minutes away and that their training has had a specific focus on the Paediatric Care in a Forest School Setting. The need for an Outdoor First Aider might have been identified by a workplace first aid needs assessment, and can be relied upon by employers to satisfy the due diligence requirements of the HSE for first aid training providers. The qualification will benefit all who specifically work with young people including those in the EYFS setting and need to be introduced to emergency first aid action in the outdoors and outdoor first aid incident management. The qualification will also benefit those who require requalification training in Outdoor First Aid and is therefore suitable for NGB qualifications, being

recognised by Mountain Training UK, British Canoeing & the RYA. Successful completion of the course will result in knowledge and skills that have been identified by the Institute for Outdoor Learning for the safe, effective and prompt treatment of injuries and illness, with the management of incidents in the outdoors.

**Additional Certification:** As part of the Forest Schools First Aid (FSFA) assessment path the course covers the Level 3 Award in Paediatric First Aid (PFA) content. We are therefore able to assess both the FSFA & PFA courses simultaneously, which means that delegates are able to gain certification in Level 3 Award in Paediatric First Aid at the same time! This course also covers and can be additionally certificated for *Outdoor First Aid, First Aid at Work – Requalification, Emergency First Aid at Work and Forestry First Aid (+F)*.

## Cost

These courses can be delivered as either Open Courses (open to members of the public) or as Bespoke Courses (delivered to a specific client group with content tailored to participant needs).



**Open/ Public Courses:** from **£165pp** & includes certification & manual. See [www.DPTrainingUK.com/course-diary](http://www.DPTrainingUK.com/course-diary) for upcoming course dates and venues.

**Bespoke/ Private Courses:** Our costs are established at a base rate of **£475/ day**.

- This cost does not include certification and manuals, charged separately at cost from the Awarding Organisation from **£20pp**.
- Further certification, for multiple short courses delivered in any single day or dual certification is costed at **£27.50pp/ Qualification**.
- This cost does not include any foreseeable and reasonable expenses, such as venue hire or accommodation, always agreed in advance.



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Please do get in touch to discuss these options further.

